



Silver Pines public school

A Message from Administration...

Dear Families,

We are looking forward to greeting your children in our school on Tuesday. There have been a number of new health measures put in place to ensure a safe environment for everyone. Please ensure that you read through the pages in this newsletter and understand all the new measures. It is essential that parents screen their children, using the tool below, each day before coming to school. We rely on your partnership in ensuring a safe school environment for all.

Our “We Care Café” will be next Thursday. Please use the link included on this edition, disregard the link from last week. We look forward to chatting with you there.

You should have received your child’s report card through their google account yesterday. If you did not yet receive it please let your child’s teacher know so that it can be resent.

Now that the Board Platform survey has closed, we do anticipate some students moving to Online learning on March 3rd as well as some students returning to Face to Face learning. All changes will be implemented as of March 3rd. We appreciated everyone’s understanding and flexibility during these unprecedented times.

Yours in education,
Jeff Laughlin & Shauna Small

Grab a cup of coffee, get cozy and come join our monthly informal chat with Jeff and Shauna, Silver Pines Administration Team.

Topic: We Care Café
Time: Feb 18th, 2021
Time 11 am

Join Zoom Meeting

<https://yrdsb-ca.zoom.us/j/96619121299?pwd=Z2N0aEl6YjFpeGRhME9yWVQ5a1pDUT09>

Meeting ID: 966 1912 1299 Passcode: 639554

Virtual Coffee House Chat



Principal: Jeff Laughlin | 905.508.7303
Vice Principal: Shauna Small | 905.508.7303
Superintendent: Liz Davis | 905.884.4477
Trustee : Simon Cui
<https://twitter.com/silverpinesps>
<http://www.silverpines.ps.yrdsb.edu.on.ca>



COVID-19 SCHOOL AND CHILD-CARE SCREENING TOOL

Students/children, staff and essential visitors must screen for COVID-19 every day before going to school or child-care. Parents/guardians can fill this out on behalf of a child.

Date: (mm/dd/yyyy): _____

SCREENING QUESTIONS

1. Is the student/child/staff/essential visitor currently experiencing any of these symptoms?

(Check the appropriate answer. Choose any/all that are new, worsening and not related to other known causes or conditions they already have)

Fever and/or chills

☐ Yes ☐ No

Temperature of 37.8 degrees Celsius/100 degrees Fahrenheit or higher

Cough or barking cough (croup)

☐ Yes ☐ No

Continuous, more than usual, making a whistling noise when breathing (not related to asthma, post-infectious reactive airways or other known causes or conditions they already have)

Shortness of breath

☐ Yes ☐ No

Out of breath, unable to breathe deeply (not related to asthma or other known causes or conditions they already have)

Decrease or loss of taste or smell

☐ Yes ☐ No

Not related to seasonal allergies, neurological disorders or other known causes or conditions they already have

Sore throat or difficulty swallowing

☐ Yes ☐ No

Painful swallowing (not related to seasonal allergies, acid reflux or other known causes or conditions they already have)

Runny or stuffy/congested nose

☐ Yes ☐ No

Not related to seasonal allergies, being outside in cold weather or other known causes or conditions they already have

Headache

☐ Yes ☐ No

Unusual, long-lasting (not related to tension-type headaches, chronic migraines or other known causes or conditions they already have)

Nausea, vomiting and/or diarrhea

☐ Yes ☐ No

Not related to irritable bowel syndrome, anxiety, menstrual cramps or other known causes or conditions they already have

Extreme tiredness or muscle aches

☐ Yes ☐ No

Unusual, fatigue, lack of energy, poor feeding in infants (not related to depression, insomnia, thyroid dysfunction, sudden injury or other known causes or conditions they already have)

Pink eye (Adults 18+ only)

☐ Yes ☐ No ☐ N/A

Conjunctivitis, not related to other known causes or conditions

Frequent Falls (For older adults)

☐ Yes ☐ No ☐ N/A

Stay safe. Stay Informed.

york.ca/COVID19

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2. In the last 14 days, has the student/child/staff/essential visitor travelled outside of Canada? ☐ Yes ☐ No
3. In the last 14 days, has the student/child/staff/essential visitor been identified as a "close contact" of someone who currently has COVID-19? ☐ Yes ☐ No
4. Has a doctor, health care provider or public health unit told you that the student/child/staff/essential visitor should currently be isolating (staying at home)? ☐ Yes ☐ No
5. Has someone in the household travelled outside of Canada in the last 14 days and are currently living within the home (i.e. are not isolating at a government-funded isolation centre)? ☐ Yes ☐ No
6. Has someone in the household been identified as a "close contact" of someone who currently has COVID-19? ☐ Yes ☐ No
7. Is someone in the household sick with the COVID-19 symptoms outlined above (new or worsening) and does not yet have a negative COVID-19 test result or alternative diagnosis from a health-care provider? ☐ Yes ☐ No

If you selected "Yes" to any of the above, the student/ child/staff/essential visitor should stay home (do not go to school or child-care)

SCREENING RESULTS

If you answered "YES" to question 1 and the student/child/staff/essential visitor has any ONE of the symptoms listed, do not go to school or child-care

- The student/child/staff/essential visitor should isolate (stay home) and not leave except to get tested or for a medical emergency
- All members of the household should stay home (this means not attending any school or daycare setting) and only leave the home for essential reasons
- Book an appointment to get the student/child/staff/essential visitor a COVID-19 test:
 - If the result is negative, the student/child/staff/essential visitor and household members can return to normal activities (including school and child-care) as long as they do not have a fever and symptoms are improving for at least 24 hours
 - If the result is positive, the student/child/staff/essential visitor who is COVID-19 positive must isolate for 10 days after symptoms first started AND household members must self-isolate as directed by Public Health; contact your school/child-care provider to let them know about this result
- If you do not get tested for COVID-19, the student/child/staff/essential visitor that is symptomatic but not tested should isolate for 10 days after symptoms first started AND household members should isolate for 14 days from their last exposure to the symptomatic household contact

If you answered "YES" to question 2, 3, or 4, do not go to school or child care

- The student/child/staff/essential visitor should self-isolate (stay home) for 14 days after last known exposure OR return from travel, or as directed by Public Health, and not leave except to get tested or for a medical emergency
- Book an appointment to get the student/child/staff/essential visitor a COVID-19 test (if not already completed)
- Follow the advice of Public Health. Individuals can return to school/child-care after they are cleared by Public Health
- If student/child/staff/essential visitor develop symptoms, seek testing at a COVID-19 Assessment Centre and contact public health or a doctor/health-care provider for more advice
- All members of your household should stay home (which includes not attending a school or child-care centre) except for essential activities

If you answered "YES" to question 5 or 6 do not go to school or child-care

- The student/child/staff/essential visitor should stay home from school and daycare and only leave the home for essential reasons for the full isolation period of the household member regardless of if the household member tests negative
- If the household member is symptomatic and/or has a positive COVID-19 test result, the student/child/staff/essential visitor and household members must self-isolate for 14 days after their last contact with the household member who is COVID-19 positive; the student/child/staff/essential visitor of the household member should also seek out testing as recommended by Public Health

If you answered "YES" to question 7, do not go to school or child care

- The student/child/staff/essential visitor should stay home from school and daycare and only leave the home for essential reasons
- If the household member's result is negative, the student/child/staff/essential visitor and household members can return to normal activities as long as they do not have a fever and symptoms are improving for at least 24 hours
- If the household member's result is positive, the student/child/staff/essential visitor and household members must self-isolate for 14 days after their last contact with the household member who is COVID-19 positive; the student/child/staff/essential visitor of the household member should also seek out testing as recommended by Public Health

Please visit york.ca/COVID19 and york.ca/SafeAtSchool for information on ways to protect yourself, your family and your school community.

Every adult and child **MUST complete this screening **EVERY DAY** that they enter the school.**



UPDATED PUBLIC HEALTH MEASURES

As we have previously communicated, there are some new health and safety measures in place, including:

Masks are now required for students in Grades 1-12. Students in kindergarten are strongly encouraged to wear masks.

Masks are now required outdoors, during recess as well as common areas, in addition to in-class.

Students are discouraged from congregating before and after school. Families dropping off and picking up their children at school are being reminded to wear masks

and not congregate while on school property.

York Region Public Health is recommending that students wear **three-layer masks**. Masks with vents are not permitted in the schools.

Please continue to reinforce hand hygiene practices and physical distancing.

More information from Public Health can be found here:

[important information from York Region Public Health](#)



Do you need help finding food, housing, financial assistance, mental health support, employment support, support for seniors, winter clothing and/or shelter? For information and referral to government, health, community and social services, call 2-1-1, search 211Central.ca, text 21166, live-chat at 211Ontario.ca/chat or email gethelp@211Ontario.ca. 211 is free, confidential and available 24/7 in 150+ languages to connect you to local community supports.

**SOCIAL NETWORKING
AND ONLINE SAFETY**
**A VIRTUAL EVENING FOR
PARENTS WITH
PAUL DAVIS**

MARCH 10, 2021
8:00 PM
SILVER PINES PS

TOPICS INCLUDE:

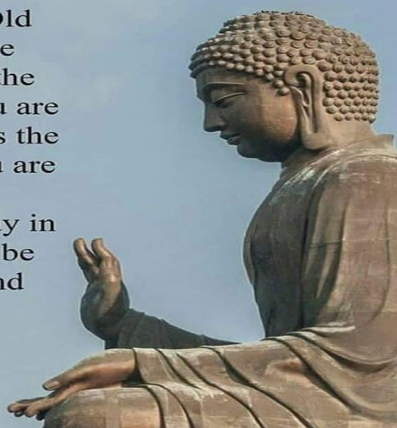
SNAPCHAT / TIKTOK / INSTAGRAM / FACEBOOK
SMARTPHONES AND DIGITAL TRAILS
CYBERBULLYING - TEXTING - IMAGE SHARING
ONLINE GAMING & ONLINE SECURITY



**EMPOWERING
PARENTS IN THE
DIGITAL AGE**

Stay Tuned for Registration information

Respect the Old
when you are
Young. Help the
Weak when you are
Strong. Confess the
Fault when you are
Wrong.
Because one day in
Life You will be
Old, Weak and
Wrong.



Buddhism

15 Nehan-e (Nirvana Day)

Memorial of the historical Buddha passing away. (Mahāyāna) Japan, North America



Buddhism

16 Nichiren Shonin's Birth date

Anniversary of the birth of Nichiren Shonin, a Buddhist monk who lived during the Kamakura period (1222-1282) in Japan. (Mahāyāna - Nichiren) (Japan, North America, Europe)



Analisa Reale



Diversity is our Strength!



Shrove Tuesday

Shrove Tuesday is the Tuesday before Ash Wednesday which is the first day of Lent. It's a day of penitence, to clean the soul, and a day of celebration as the last chance to feast before Lent begins.

Shrove Tuesday celebrations

Lent is a time of giving things up. So Shrove Tuesday is the last chance to indulge yourself, and to use up the foods that aren't allowed in Lent. Giving up foods: but not wasting them. In the old days there were many foods that observant Christians would not eat during Lent: foods such as meat and fish, fats, eggs, and milky foods. So that no food was wasted, families would have a feast on the shroving Tuesday, and eat up all the foods that wouldn't last the forty days of Lent without going off.

The need to eat up the fats gave rise to the French name **Mardi Gras**; meaning fat Tuesday. Pancakes became associated with Shrove Tuesday as they were a dish that could use up all the eggs, fats and milk in the house with just the addition of flour.



Christianity

16 Shrove Tuesday (W)

Shrove Tuesday occurs the day before Ash Wednesday, the beginning of Lent in the Roman Catholic Church. 'Shrove' is the past tense of the word 'shrive,' which means to hear a confession, assign penance, and absolve from sin. Shrove Tuesday is a reminder that we are entering a season of penance. (Western Churches)



Christianity

17 Ash Wednesday (W)

The beginning of Lent, the forty-day period (excluding Sundays) of prayer, repentance and self-denial that precedes Easter (Western Churches).